

academy  
**northern  
ballet**



## Dance Classes 2019/20

**Fun-filled dance classes for ages 3 – 16 at the home of one of Europe's leading ballet companies.**

Under the guidance of Northern Ballet's Artistic Director and Academy Director, David Nixon OBE, our classes are led by our highly experienced teaching faculty in the same state-of-the-art building in which Northern Ballet's company dancers train.





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**David Nixon OBE**

Northern Ballet's Artistic Director



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**Yoko Ichino**

Academy Associate Director

## **Inspiring the dancers of tomorrow, the Academy of Northern Ballet embodies a 21st Century approach to training.**

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We offer courses for boys and girls aged 3 to 16, providing fun and energetic classes in world-class dance facilities. Students receive the highest quality training that captures the talent and imagination of individuals and nurtures their passion for dance, creating balanced and healthy dancers who excel in technique and knowledge. Our students who have progressed onto our professional strands have gone on to train and perform with some of the most prestigious dance companies in Europe.

In this booklet you'll find details of all our classes for children and young people. We accept registrations in September and January and all of our programmes give clear progression routes to more professional levels.

If you have any questions, get in touch and our friendly student support team will always be happy to help:

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**[northernballet.com/academy](http://northernballet.com/academy)**  
**[academy@northernballet.com](mailto:academy@northernballet.com)**  
**0113 220 8000**

# Open classes for children

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These fun-filled classes are the perfect introduction to the basics of dance. Children are encouraged to express themselves through dance and music and build on their natural ability. Our children's classes are accompanied by live music from one of our pianists.

There is a clear progression route through all our children's classes towards our classes for higher age groups.

## Mini Movers

(ages 18 months – 3 years)

A chance for toddlers and their parents/carers to have fun together in a weekly class involving dancing, music, stories and props.

**£65 (10-week course)**

Thursday 9.45 – 10.25am

## Moving Minis

(ages 3 – 4)

A continuation from Mini Movers, this enjoyable class is for children who are ready to take their dancing to the next stage without their parents/carers.

**£65 (10-week course)**

Thursday 10.30 – 11am



**Creative Movement**  
(ages 4 – 6)

Suitable for school children who love to dance! Children discover their musicality and coordination in a fun and friendly environment where imagination is encouraged.

**£65 per term**

Tuesday	5.15 – 6pm	Creative Movement 2	Ages 5 – 6
	9 – 9.45am	Creative Movement 2	Ages 5 – 6
Saturday	9.45 – 10.30am	Creative Movement 1	Ages 4 – 5
	11.30am – 12.15pm	Creative Movement 1	Ages 4 – 5

**Pre-Ballet**  
(ages 6 – 8)

The next step for all budding young ballet dancers, this class will focus on correct posture as well as creativity, musicality and coordination.

**£70 per term**

Monday	5.15 – 6pm	Pre Ballet 2	Ages 7 – 8
Thursday	5.15 – 6pm	Pre Ballet 1	Ages 7 – 8
	9 – 9.45am	Pre Ballet 1	Ages 6 – 7
Saturday	9.45 – 10.30am	Pre Ballet 2	Ages 7 – 8
	12.15 – 1pm	Pre Ballet 1	Ages 6 – 7



# Open classes for young people

Our classes for young people are accompanied by live music and develop each dancer’s technical ability whilst enhancing their presentation skills and musicality.

We strongly recommend students in Ballet 1 (aged 8+) attend two classes per week. Students in Ballet 2 and above (aged 10+) must take a minimum of two ballet classes per week, excluding pointe work.

## Ballet (ages 8 – 16)

Tailored classes designed to take young dancers from their earliest steps to an advanced level of study. Ballet 1 is suitable for beginners, but Ballet 2 & 3 require some experience.

Ballet 1 & 2 £75 per class per term | Ballet 3 £80 per class per term

Monday	5 – 6.15pm	Ballet 2	Ages 10+
	6 – 7pm	Ballet 1	Ages 8+
Tuesday	5 – 6.30pm	Ballet 3	Ages 12+
Wednesday	5 – 6.15pm	Ballet 2	Ages 10+
	6 – 7pm	Ballet 1	Ages 8+
Thursday	5 – 6.30pm	Ballet 3	Ages 12+
Saturday	10:30 – 11.30am	Ballet 1	Ages 8+
	10.45am – 12pm	Ballet 2	Ages 10+
	12.15 – 1.15pm	Ballet 1	Ages 8+



## Pointe Work

We offer specialised pointe work classes for suitable students in Ballet 2 and 3. Ballet 2 students are offered a pointe work prep class which is all inclusive. Ballet 3 students will attend an appropriate level pointe class on recommendation of their teacher.

These optional classes are subject to an additional fee of **£15 per term** for Ballet 2 students and Ballet 3 Beginners, and **£30 per term** for Ballet 3 Improvers.

Tuesday	6.30 – 6.55pm	Ballet 3 (improvers)	Ages 12+
Wednesday	6.15 – 6.30pm	Ballet 2	Ages 10+
Thursday	6.30 – 6.45pm	Ballet 3 (beginners)	Ages 12+
Saturday	12 - 12.15pm	Ballet 2	Ages 10+

## Royal Academy of Dance (RAD) Classes

Academy students have the opportunity to take their RAD Inter Foundation and Intermediate exam with teacher and former Northern Ballet Dancer Jane Tucker.

Students must first take part in an assessment class before registering for the course. They must also be attending two additional ballet classes per week to complement their RAD training.

Classes are **£65 per term** with an additional fee to take the RAD exam.

**RAD Intermediate Foundation (ages 10+)**  
Thursday 7 – 8pm

**RAD Intermediate (ages 11+)**  
Thursday 6 – 7pm



# Open classes information

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## Registration

To access any of the Academy of Northern Ballet classes, a registration form must be completed.

Visit [northernballet.com/academy/registration](https://northernballet.com/academy/registration).

Payment for courses must be made prior to your first class.

## Attendance

Spaces in all classes are issued on a first come, first served basis.

Classes run as a one year course and students must commit to attend the class each week. Registration for children's and young people's classes is in September and January.

## What to wear

Our children's classes (excluding Mini Movers and Moving Minis) and classes for young people have a set uniform (a handbook detailing this is available on our website).

## Latecomers

Latecomers will not be admitted into class after the first 15 minutes to prevent injury and disruption to the class. Refunds are only available when a class is cancelled (unless the reason for cancellation is out of Northern Ballet's control).

## Late collection policy

For parents/carers collecting children late from class, the first 15 minutes is not chargeable. Every 15 minutes thereafter is charged at £5.







## Centre for Advanced Training in Classical Ballet (CAT)

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# Your future starts here...

**The Academy of Northern Ballet's CAT programme provides specialist dance training to enable students to pursue a career in classical ballet.**

CAT students are able to experience a balanced programme of professional training, recognised for its excellence, whilst continuing to reap the benefits of living at home. Using individual training plans and expert mentoring we prepare young dancers for a strong career in dance.

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Find out more and download an application form at [northernballet.com/academy](http://northernballet.com/academy) or contact [academy@northernballet.com](mailto:academy@northernballet.com) or call 0113 220 8000.



Renowned for their experience and expertise, the Centres for Advanced Training in Dance form a network of the country's leading professional dance organisations. The Dance CAT's are funded by the Department for Education's (DfE) Music and Dance Scheme and committed to ensuring all talented individuals are able to access high standards of dance training locally whilst balancing their education.

With support from the DfE and the Academy of Northern Ballet, families are able to access our training affordably on a means-tested basis with full and partial grants available.

- The CAT programme hosts annual open days and auditions
- Suitable for students aged 10-17
- For more information please contact the Academy



The Academy of Northern Ballet has something for everyone with classes at its state-of-the-art studios.

See inside for all the fantastic open classes we offer, and get in touch for more information.

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## Join our Parents' Association

The Academy Parents' Association aims to support the Academy and all our students by raising funds to help enhance the students dance education and organising events for students to enjoy. If you would like to take an active role or find out more please get in touch: [pa.chair@northernballet.com](mailto:pa.chair@northernballet.com)

## Northern Ballet Café

Open Monday – Saturday serving a range of delicious food and hot and cold drinks.

**f** Academy Of Northern Ballet    **@** AcademyofNorthernBallet    **t** @NB\_Academy

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