**EXPRESSIONS 2023 PERFORMANCE APPLICATION FORM**

We are pleased to announce that Expressions is back! There are lots exciting of opportunities for you and your group to get involved with. Please make sure you read this page carefully before completing the form.

Expressions 2023 will take place in the Stanley & Audrey Burton Theatre at Northern Ballet from Monday 10 – Thursday 13 July 2023. We look forward to welcoming dancers and audiences into our building. Our community platform performances will take place on:

* Wednesday 12 July 1pm
* Wednesday 12 July 7pm
* Thursday 13 July 1pm
* Thursday 13 July 7pm

Later in the year, we will also share other opportunities including a programme of exciting workshops.

What can I submit?

You can submit a piece of dance or creative movement to be performed live as part of the Expressions Festival. Alternatively, we also welcome applications for filmed work that can be showcased as part of the festival. Please note we need to receive film work as a file and not via an online link such as YouTube.

Your piece may be **up to 7 minutes long**; shorter pieces are also very welcome.

Covid-19

We are working hard to put together a live event that we can all safely enjoy by following Government guidance and listening to your needs. If you have any questions or concerns, please do let us know.

Process and deadlines

Applications are open to inclusive dance groups, Dance for Parkinson’s groups and solo work and the deadline for applications is **Friday 17 March.** Groups/Solo Artists will be selected by an impartial panel who will use the applications received to create a varied and exciting programme.

Northern Ballet’s Learning team will be in touch on **Friday 24 March** to notify you of their decision. If your group are offered a performance slot, you will be sent further paperwork to complete and more information about the event, including a schedule and visual story to help prepare your group for their visit to Northern Ballet. The deadline to return this paperwork will be **Monday 15 May**.

Please don’t worry if your group are not selected to perform this time – there are still lots of other opportunities to get involved in Expressions, from taking part in workshops to watching some exceptional performances. We do hope you will join us as we continue to celebrate and champion inclusive dance in all its forms.

Groups/Solo Artists who are selected to perform will be invited to take part in a short technical rehearsal on the day of the performance so that we can ensure everything runs smoothly.

You can complete your application in many different formats. On our website it is available as a Word document, which you can complete by hand and scan it in to send to us, or you can complete it digitally. The form is also provided as a [Wufoo digital survey link](https://northernballet.wufoo.com/forms/q4fxh0v1cn6ip7/). This will automatically be sent back to us when you complete.

You can also record an audio note or video answering the questions if that is easier for you. Alternatively, if you would like to answer the questions over the phone, via a Zoom call or at an in-person meeting we can arrange this for you too.

Get in touch with us via Expressions@northernballet.com or 0113 220 8000 to find out more.